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as well. A ventilating system, electric lighting and call system with electric clocks all over the building, which are controlled by one main electrical clock, were a few of the chief points noted. One interesting feature was the handsome medicine cabinet near each ward with an electrical alarm when opened.

The tour finally ended at the nurses' home where a cup of tea was enjoyed with Miss Gunn and her staff of assistants. This was, indeed, a cosy place. Sewing on materials for Canadian soliders were the order of the day. One busy nurse was knitting wristlets as she had her tea. The soldiers were already experiencing cold wrists in holding their guns at Quebec. After rest and tea the nurses' quarters were inspected. Everything was in keeping with a comfortable, pleasant home. There were parlors, reading room and pupil nurses' sitting room where the nurses' may assemble in comfortable negligee, and where they may dance, sing, play or visit.

One thought predominated in my mind as I saw so many things in so short a time, How proud the people of Toronto must be of their City Hospital!

*New York.*

G. M.

#### TOURIST SLEEPERS

DEAR EDITOR: In the September JOURNAL, in writing of the International Train to San Francisco, Miss Dock says tourist sleepers differ from Pullman only in having rattan, instead of plush. I am sure she is quoting railway officials, for that is always their explanation. Anyone who has travelled in a tourist sleeper knows that the essential difference between that and a Pullman lies in the toilet arrangements. At the women's end of the tourist sleeper there is a very small closet-like wash room, which will hold one person only, and that one person can hardly turn around. At the men's end there are several wash basins in a row, but they are not shut off or screened. When nurses have a car to themselves both ends of it are at their disposal, but even so it is rather hard to make one's toilet comfortably or in privacy.

*New York.*

ONE OF THE "IMMIGRANTS."

#### "TWILIGHT SLEEP" AT THE JEWISH MATERNITY HOSPITAL

Dear Editor: With all the various opinions expressed for and against the administration of the scopolamine narkophen anaesthesia for inducing sleep during labor, with many physicians here saying that they had tried it ten or twelve years ago and found it generally unsatisfactory, with others attributing its effect to the physiological impression given by the darkened room and the repeated assertions made to the patient that there would be no pain, with popular magazines sending agents over to the Frauenklinik at Freiburg where Drs. Bernhardt Kronig and Karl Gauss have developed the successful method of "Dammerschlaf" as attested to them by thousands of cases, the Finnish Maternity Hospital, since June 15, has treated about 150 patients with enthusiasm concerning the experience. The work has been carried on at the hospital under the supervision of a young German physician who has spent several years as assistant at the clinic at Freiburg and who came over here for the sole purpose of demonstrating the method.

In the "Twilight Room" all is kept perfectly quiet, the room is darkened, lights shaded and a nurse is always in attendance in that room as the patients' pulse must be carefully watched during the anaesthesia. Three, four and five